Table of Contents

| 5 | Foreword |
|----|---|
| 7 | United Nations HIV/AIDS Personnel Policy |
| 11 | Chapter 1 — The Facts |
| 11 | What is AIDS? |
| 13 | How HIV is transmitted |
| 17 | How HIV is not transmitted |
| 19 | Chapter 2 — Preventing HIV Transmission |
| 19 | Preventing sexual transmission of HIV |
| 21 | Preventing transmission of HIV via blood and blood products |
| 22 | Preventing transmission of HIV via contaminated needles |
| 23 | Protecting children |
| 25 | Chapter 3 — Being Tested |
| 25 | What the HIV antibody test can tell you |
| 25 | The HIV antibody test and employment |
| 26 | The HIV antibody test and pregnancy |
| 29 | Chapter 4 — Living with HIV and AIDS |
| 29 | Coping with confirmed HIV infection |
| 32 | HIV and your infant's health |
| 25 | Chapter 5 — A Global Overview of the Epidemic |
| 10 | Chapter 5 A Global Overview of the Epidemie |
| 39 | Chapter 6 — The UN Response to AIDS |
| 41 | Chapter 7 — Staying Informed and Getting Help |
| | O |
| 47 | Glossary |
| 51 | References |
| 53 | Further Reading from UNAIDS |