

CONTENTS

FOREWORDS	IV
EXECUTIVE SUMMARY	VII
PART ONE. THE DAWN OF AN URBAN WORLD	1
INTRODUCTION TO PART ONE	2
CHAPTER 1. THE RISE OF MODERN CITIES	3
DEMOGRAPHICS OF URBANIZATION AND TRENDS	4
THE BENEFITS OF URBANIZATION	6
THE CHALLENGES OF RAPID, UNPLANNED GROWTH	7
CITIES OF THE FUTURE	10
CHAPTER SUMMARY	10
CHAPTER 2. HEALTH IN AN URBAN CONTEXT	11
DETERMINANTS OF HEALTH	12
HEALTH DETERMINANTS IN URBAN SETTINGS	12
HEALTH CONSEQUENCES OF LIVING IN CITIES	28
CHAPTER SUMMARY	29
PART TWO. UNMASKING HIDDEN CITIES	31
INTRODUCTION TO PART TWO	32
CHAPTER 3. URBAN HEALTH INEQUITY AND WHY IT MATTERS	33
HEALTH INEQUALITY AND HEALTH INEQUITY EXPLAINED	34
WHY URBAN HEALTH INEQUITY MUST BE UNMASKED AND OVERCOME	35
URBAN HEALTH EQUITY IS RELATED TO HUMAN RIGHTS AND INTERNATIONAL FRAMEWORKS	37
CHAPTER SUMMARY	38
CHAPTER 4. URBAN HEALTH INEQUITIES REVEALED	39
HEALTH INEQUITIES BETWEEN RICH AND POOR URBAN POPULATIONS	40
HEALTH INEQUITIES BETWEEN NEIGHBOURHOODS	49
HEALTH INEQUITIES BETWEEN SUBGROUPS OF CITY DWELLERS	54
CHAPTER SUMMARY	56
CHAPTER 5. ACHIEVING THE MILLENNIUM DEVELOPMENT GOALS	57
INTRODUCTION TO THE MILLENNIUM DEVELOPMENT GOALS	58
MDG 1: ERADICATE EXTREME POVERTY AND HUNGER	59
MDG 4: REDUCE CHILD MORTALITY	62
MDG 5: IMPROVE MATERNAL HEALTH	64
MDG 7: ENSURE ENVIRONMENTAL SUSTAINABILITY	66
CHAPTER SUMMARY	67

PART THREE. OVERCOMING URBAN HEALTH INEQUITIES	69
INTRODUCTION TO PART THREE	70
CHAPTER 6. URBAN GOVERNANCE FOR REDUCING HEALTH INEQUITIES	71
THE ROLE OF LOCAL GOVERNMENTS	72
PARTNERSHIPS: THE KEY TO GOOD URBAN GOVERNANCE	72
PREREQUISITES FOR LOCAL ACTION	75
CHAPTER SUMMARY	79
CHAPTER 7. BUILDING AN EVIDENCE BASE FOR ACTION	81
THE IMPORTANCE OF EVIDENCE FOR SUSTAINABLE AND EFFECTIVE ACTION	82
THE IMPORTANCE OF DISAGGREGATED DATA	83
DATA CONSIDERATIONS	83
WHO'S URBAN HEART	84
UN-HABITAT'S URBANINFO	87
CHAPTER SUMMARY	88
CHAPTER 8. TAKING ACTION	89
THREE MAIN APPROACHES TO REDUCING URBAN HEALTH INEQUITIES	90
CHOOSING PRIORITY INTERVENTIONS	93
MONITORING AND EVALUATION	96
CHAPTER SUMMARY	96
CONCLUSION: THE PRICE AND THE PROMISE OF OUR URBAN WORLD	97
A ROLE FOR ALL: WHO CAN DO WHAT?	100
ANNEXES	103
ANNEX A. ADDITIONAL RESOURCES AND TOOLS	104
ANNEX B. METHODOLOGICAL APPROACH FOR ASSESSING URBAN HEALTH INEQUITIES	106
ANNEX C. EXAMPLES OF INTERVENTIONS	109
REFERENCES	118
BOXES	
Box 1.1 Healthy Cities around the world (by WHO region)	7
Box 1.2 Spotlight on Nairobi's slums	8
Box 1.3 Spotlight on cities vulnerable to sea-level rise	9
Box 2.1 Climate change: a multiplier of health risks	17
Box 2.2 Spotlight on Haiti's earthquake	27
Box 2.3 Spread of SARS via urban centres	28
Box 5.1 The eight Millennium Development Goals	58
Box 6.1 Spotlight on Nakuru, Kenya	72
Box 6.2 Spotlight on community participation in urban areas of Catalonia, Spain	73
Box 6.3 Spotlight on community participation in the urban slums of Nairobi, Kenya	76
Box 6.4 Spotlight on the London Health Inequalities Strategy	77
Box 6.5 Spotlight on supportive governance structures in Vancouver, Canada	77
Box 6.6 Recommendations for national policy-makers on intersectoral action on health	78
Box 7.1 Disaggregating national-level data: an example from India	84
Box 7.2 Spotlight on Parañaque City, Philippines	86
Box 8.1 Spotlight on lady health workers in urban slums of Pakistan	92
Box 8.2 Improving water and sanitation in towns of the Lake Victoria region, East Africa	92
Box 8.3 Spotlight on helmet use	92
Box 8.4 Community mobilization against violence in Brazil	94